

Ryedale Sports Club

Table Tennis Section – Returning to Club Activity –Regulations Issue 1

These regulations are designed to ensure that all members returning to play are provided with an environment safe from the coronavirus. As experience is gained and advice from Table Tennis England is changed these regulations will be revised.

Hygiene

- Players must not attend the club if they have any symptoms, have tested positive themselves or have been in contact with anyone who has tested positive for Covid-19.
- On entry to the club a sanitizer is provided for cleaning hands, door handles, light switches and all touched surfaces. Hands should be sanitized on leaving the club as well as hand washing or sanitising before and after play. Members are recommended to bring their own soap solution and towels.
- Players must attend changed ready for play and should wait in the Football Away Team changing room until the time of their booked playing session and take care to maintain social distancing. Changing from outdoor to indoor footwear is expected and must take place in the Football Away Team changing room. Coats may be hung on the hooks provided and outdoor shoes placed underneath the benches.
- Before sitting down on the benches the bench should be sanitized locally with sanitizing liquid or soapy water.
- Players must use their own bats.
- Balls should be washed before and after play.
- No hand shaking or slapping
- No breathing on the ball to clean
- No hand wiping on the table.
- All players are responsible for their own hygiene and are recommended to bring their own hand sanitizers.
- Tables should be cleaned and wiped dry using a spray of diluted soapy water or a proprietary table tennis cleaner.

Contact and Trace

- A simple exercise book is provided in the Football Away Team changing room for ALL persons attending to record the date, name and some contact detail, phone or email address.

Playing Room

- All players and any observer entering the playing room must wash hands or use hand sanitizer before entering the room.
- Players entering the playing room are responsible for cleaning the table and any chairs to be used before play starts.
- A maximum of 4 players plus one coach or supervisor or observer is allowed in the playing room during the playing session.
- Only tables 1 and 3 may be used, table 2, the middle table, must Not be used for play. Partitions must be placed at table 2 to help confine play to tables 1 and 3.

- Personal equipment bags should be taken into the playing room and placed on table 2. A reasonable distance must be maintained between equipment bags and any individual players clothing placed on table 2. Towels and water bottles must be kept in each player's equipment bag.
- All doors to be fixed open during playing times to allow the ventilation of air through the room but should be closed and locked 15 minutes after the last playing session has finished. If there is no ventilation through the room, all doors closed for example, then the total playing time for the session is reduced to 30 minutes.
- An exchange of playing partners already in the room is permitted half way through the playing session provided the table surfaces are cleaned immediately before the exchange takes place.
- Doubles play is not permitted except when playing partners are from the same household.

Players Waiting

- Players waiting for the next period should wait in the Football Away Team changing room and take care to keep social distancing.
- Changing and showering is not permitted.
- The toilet may be used but the user must wash hands and sanitize the toilet after use.
- Players must bring their own refreshments.
- Refreshments must not be consumed in the playing room or the table tennis reception room. Water excepted.
- The sink in the Football Away Team changing room is for hand washing, players must provide their own soap and towels.
- Playing times must be booked in advance using the booking system. It is not acceptable for players to visit the club expecting to get a game without booking beforehand.

Booking System

- Sheets for two weeks showing booking times for play will be pinned to the notice board in the table tennis reception room.
- The standard time for a playing session is 1 hour. This time to include the time required for cleaning.
- Booking times for play will start at 9.00 am and end at 9.00 pm every day.
- When the last playing session has ended and there are no further bookings that day all open doors should be closed and the table tennis reception room door and the Football Away Team changing room entrance door locked.
- The booking sheet will not make any provision for the regular playing sessions, Monday afternoon, Tuesday afternoon, Wednesday morning, Friday afternoon and Sunday morning, previously enjoyed. In the short term these sessions cannot be accommodated in the way that they were previously.
- If a football match is arranged on a Saturday there will be no booking for table tennis that day.

Please Note: These regulations are to allow play to start again and ensure as far as practical the safety of everyone attending. These regulations will be revised when the advice from Table Tennis England changes.

26 July 2020

John Stott (TT Chairman)